

Handout B

Therapeutic Conversations: Questions that Clarify and Focus Therapeutic Work:¹

- What is happening that invited you to seek help at this time (or be referred for assistance)?
- How are you hoping that the hospital staff can be most helpful to you?
- What is causing you the biggest challenge these days?
- What were you hoping we could talk about today?

¹ From *Beliefs and Illness: A Model for Healing* (p.152), by L.M. Wright and J.M. Bell, 2009, 171 Somme Avenue SW, Calgary, Alberta, Canada: 4th Floor Press, Inc. Copyright 2009 Lorraine M. Wright and Janice M. Bell. Adapted with permission.