



Weekly Care Plan Requirements NUR 320 Summer 2012

Criteria	Pts:	Available	Earned
1. Erikson's stage of development identified & described for the patient Indicate which side of the conflict your patient is facing and state why		10 points	_____
2. History, ROS, & subjective data collected & are appropriate	A	5 points	_____
3. Objective data collected & are appropriate	A	5 points	_____
4. Diagnostic data incorporated accurately	A	5 points	_____
5. Nursing diagnosis supported by data (in the HPI/physical assessment) or "S" component of the diagnostic statement (PES)	D	5 points	_____
6. Nursing diagnosis stated correctly x2; choose 1 as priority diagnosis	P	5 points	_____
7. Patient outcomes (properly identifies)	P	5 points	_____
8. Patient goal statement(s) written correctly (<u>1 per nursing diagnosis</u>)		5 points	_____
9. Patient goals realistic to scope of problem	P	5 points	_____
10. Interventions: (Must have 10 total)	I	5 points	_____
Realistic		5 points	_____
Related to nursing diagnosis		5 points	_____
Related to achieving the goals/outcomes		5 points	_____
Patient-centered (individualized to your specific patient)		5 points	_____
11. Rationales correctly provided for <u>each</u> intervention	I	5 points	_____
12. References provided for <u>each</u> intervention using APA <u>format</u> for your citations & include page #s	I	5 points	_____
13. Evaluation written clearly and is relevant to goals	E	5 points	_____
14. Provide a copy of at least one <u>scholarly</u> article supporting a current EBP intervention. Use a <u>new</u> article with each careplan.	I	5 points	_____
15. Pathophysiology accurate and detailed in your own words; provide references using <u>APA format</u> for your citations & include page #s		5 points	_____

Grade Pass or Fail where Failure = Unsatisfactory

Template for Weekly Care Plan NUR 320 Summer 2012

Student Name:		Date:		Patient Initials:	
DEMOGRAPHICS					
Age		Gender		Ethnicity	
Marital Status		Occupation			
HISTORY					
History of Present Illness (HPI) (Onset, duration, signs & symptoms)					
Past Medical History (PMH) (Co-existing illnesses, smoker?, substance use: tobacco, alcohol, illicit drugs?)					
Immunizations					
Childhood Illnesses					
Prior Hospitalizations					
Past Surgeries					
Home Medications: List each drug name					
Hospital Medications: List drug name with the pharmacological and therapeutic classifications for each.					
Are the home & hospital lists the same? If not, provide your rationale.					
Allergies					
Family Health History					
Admission Medical Diagnosis(es)					
Today's Medical Diagnosis(es)					
Pathophysiology: Admission & Today's Medical Diagnoses Use your own words; provide citations using APA format (include page numbers).					
Code Status					
Treatments					
Diagnostic Tests	Result	Abnormal?	Significance		

Review of Systems (ROS) for Current Health Problems
(Patient's [or family's or reporting nurse's] SUBJECTIVE description of health status for each body system)

Highlight, underline, or boldface the patient's response; Write "denies" in the blank provided if patient does NOT have these symptoms:

General/Constitutional:

Average weight, weight loss or gain, general state of health, sense of well-being, strength, ability to conduct usual activities, exercise tolerance?

Skin/Breast:

Rash, itching, pigmentation, moisture or dryness, texture, changes in hair growth or loss, nail changes
Breast lumps, tenderness, swelling, nipple discharge?

Eyes/Ears/Nose/Mouth/Throat:

Headaches (location, time of onset, duration, precipitating factors), vertigo, lightheadedness, injury?
Vision, double vision, tearing, blind spots, pain?
Nose bleeding, colds, obstruction, discharge?
Dental difficulties, gingival bleeding, dentures ?
Neck stiffness, pain, tenderness, masses in thyroid or other areas?

Cardiovascular:

Precordial pain, substernal distress, palpitations, syncope, dyspnea on exertion, orthopnea, nocturnal paroxysmal dyspnea, edema, cyanosis, hypertension, heart murmurs, varicosities, phlebitis, claudication?

Respiratory:

Pain (location, quality, relation to respiration), shortness of breath, wheezing, stridor, cough (time of day, of productive, amount in tablespoons or cups per day and color of sputum), hemoptysis, respiratory infections, tuberculosis (or exposure to tuberculosis), fever or night sweats?

Gastrointestinal:

Appetite, dysphagia, indigestion, food idiosyncrasy, abdominal pain, heartburn, eructation, nausea, vomiting, hematemesis, jaundice, constipation, or diarrhea, abnormal stools (clay-colored, tarry, bloody, greasy, foul smelling), flatulence, hemorrhoids, recent changes in bowel habits?

Genitourinary

Urgency, frequency, dysuria, nocturia, hematuria, polyuria, oliguria, unusual (or change in) color of urine, stones, infections, nephritis, hesitancy, change in size of stream, dribbling, acute retention or incontinence, libido, potency, genital stores, discharge, venereal disease?
(Female) Age of onset of menses, regularity, last period, dysmenorrhea, menorrhagia, or metrorrhagia, vaginal discharge, post-menopausal bleeding, dyspareunia, number and results of pregnancies (gravida, para):

Musculoskeletal:

Pain, swelling, redness, or heat of muscles or joints, limitation, of motion, muscular weakness, atrophy, cramps?

Neurologic/Psychiatric:

Convulsions, paralyzes, tremor, incoordination, paresthesias, difficulties with memory of speech, sensory or motor disturbances, or muscular coordination (ataxia, tremor)

Predominant mood "nervousness" (define), emotional problems, anxiety, depression, previous psychiatric care, unusual perceptions, hallucinations?

Allergic/Immunologic/Lymphatic/Endocrine:

Reactions to drugs, food, insects, skin rashes, trouble breathing?

Anemia, bleeding tendency, previous transfusions, and reactions, Rh incompatibility?

Local or general lymph node enlargement or tenderness. -Polydipsia, polyuria, asthenia, hormone therapy, growth, secondary sexual development, intolerance to heat or cold?

Erikson's Stage of Development: (Identify and describe your patient's stage of development. Include the conflict your patient is facing. State which side of the conflict on which your patient is; then state why.)

S: SUBJECTIVE DATA (Today's Chief Complaint)

O: PHYSICAL EXAMINATION/OBJECTIVE DATA

Vital Signs: (TPR, O ₂ sat: RA or % of supplemental oxygen)	
General Survey/Appearance	
Level of Consciousness (LOC):	
Respiratory: (Inspect, palpate, percuss, auscultate)	
Cardiac: (Inspect, palpate, percuss, auscultate)	
Neurologic: (Speech, pupils reflexes, grips, sensation, gait)	
Abdomen: (Inspect, auscultate, percuss, palpate) Stools	
Renal/genitourinary: (I/O balance; normal = 0.5 – 1 mL/kg/hour)	
Musculoskeletal: (Inspect, palpate)	
Skin: (Lesions, IV sites)	

A: NURSING DIAGNOSIS [PES: Problem, etiology, & symptoms {if indicated}]; (Must have 2 and demonstrate which one is PRIORITY by HIGHLIGHTING)

P: PLAN:

Outcome(s) [What you want your patient to achieve]

Goal statement(s): [Must have subject, action verb, date/time, and performance criteria: AEB (as evidenced by)]

I: NURSING INTERVENTIONS: (for priority problem); use APA format to cite your references & include page numbers.

1.

Rationale with reference:

2.

Rationale with reference:

3.

Rationale with reference:

4.

Rationale with reference:

5.

Rationale with reference:

E: EVALUATION: (Met outcome? AEB.....); also reflects what things you are going to monitor/measure to determine if the outcome has been met.

A: NURSING DIAGNOSIS # 2 (for secondary problem) [PES: Problem, etiology, & symptoms {if indicated}]
P: PLAN:
Outcome(s) [What you want your patient to achieve]
Goal statement(s): [Must have subject, action verb, date/time, and performance criteria: AEB (as evidenced by)]
I: NURSING INTERVENTIONS: (for secondary problem); use APA format to cite your references & include page #s.
1.
Rationale with reference:
2.
Rationale with reference:
3.
Rationale with reference:
4.
Rationale with reference:
5.
Rationale with reference:

E: EVALUATION: (Met outcome? AEB.....); also reflects what things you are going to monitor/measure to determine if the outcome has been met.

Erikson's 8 stages of development

