Therapeutic Conversations:
Questions that Clarify and Focus Therapeutic Work:\(^1\)

- What is happening that invited you to seek help at this time (or be referred for assistance)?

- How are you hoping that the hospital staff can be most helpful to you?

- What is causing you the biggest challenge these days?

- What were you hoping we could talk about today?

\(^1\) From Beliefs and Illness: A Model for Healing (p.152), by L.M. Wright and J.M. Bell, 2009, 171 Somme Avenue SW, Calgary, Alberta, Canada: 4th Floor Press, Inc. Copyright 2009 Lorraine M. Wright and Janice M. Bell. Adapted with permission.